



Hello CFM Families,

For our January CFM Cares Family Outreach Opportunity we are doing a food collection for the needy. Usually right after the holidays, the SLM Food Pantry shelves are pretty bare. We are asking that your family shares the experience of collecting the food together then brings the items you collected to the SLM Hall to gather with other SLM families and enjoy an evening of entertainment and fellowship.

Some ideas for collecting the food:

1. Raid your own cupboards.
2. Have a family trip to the store to choose items to donate.
3. Take a wagon around your neighborhood knocking on doors asking for donations to support the St. Lawrence Martyr Food Pantry.
4. Walk your neighborhood passing out the attached flyer requesting donations for the St. Lawrence Food Pantry, then go around at a later date with your wagon collecting food people have put out for you. You can change the date on the flyer to suit your schedule.

Attached you will find a flyer with the details of our Movie Night gathering to bring the donations to SLM; a flyer to pass out in your neighborhood if you want to do the two day collection method; and a flyer that provides information on the St. Lawrence Food Pantry.

Please let us know if you have any questions.

The Montoya and Poprac families

CFM Cares...
St. Lawrence Martyr Parish
January
Family Outreach Opportunity

Food Drive/Movie Night

Saturday, 1/28/12

6:30pm

Please join us in collecting food for our parish food pantry. Your family can raid your own cupboards, go shopping together, or go around your neighborhood requesting donations of non perishable food. See list below for some suggestions of items to collect.

Once you have your donation, bring the items to the SLM Hall and join us for a Family Movie Night complete with popcorn.

Some suggested food items: canned fruits/veggies, peanut butter, jelly, pasta, pasta sauce, cereals, canned soups, oatmeal, rice, beans, mac & cheese, chili, tuna, toilet paper, toothbrushes and toothpaste.

CFM Cares...

St. Lawrence Martyr Parish

January

Family Outreach Opportunity

In an effort to help others, our family, along with our church, is collecting food and other items to help the needy in our area. St. Lawrence Martyr Parish in Redondo Beach operates a food pantry which provides food staples, clothes, blankets, etc., to needy families in our local area. The shelves of the food pantry are frequently empty after the holiday time.

Some items we are collecting are:

Canned fruits/veggies

Mac & cheese

Peanut butter and jelly

Cans of chili

Pasta

Large or individual size cans of tuna

Pasta sauce

Granola bars

Breakfast cereals

Bar Soap

Canned soups

Toilet paper

Oatmeal

Toothbrushes and toothpaste

Rice

Blankets

Beans

Jackets

If you would like to help, please leave your items on your front porch Saturday, 1/28/12, before 10:00am. We will be by to collect them. Thank you for your generosity!

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St. Lawrence Martyr Parish

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Toothbrushes and toothpaste

Blankets

Jackets

Thank you for your generosity!

